

“What you do today WILL change tomorrow” - Doreen Guma, Founder

Providing a HUB of Resources
for a Better Life

Happy, Healthy, Have Money and a Work/Life Balance: This is the Time to Play Philosophy for achieving a better quality of life.

The Time to Play Foundation was not created to be another counseling or wellness project, but created to focus on the positive and the possibilities and to motivate, empower, encourage and inspire others to enjoy life. Our programs are centered on these themes and provides resources to plant “seeds” of information and inspire people to learn what they need to know so they can have a better life.

At the Time to Play Foundation, we believe that everyone has something to offer that can help someone else. We encourage you to join us in this movement where we work together to inspire others.

We believe that everyone should have an opportunity to enjoy their life.

**Contact us at 631-331-2675 or
info@timetoplay.com and learn how
you can get involved.**

The Time to Play Foundation:

Together we are Stronger.

People helping people.

Collaboration equals success.

**The Time to Play Foundation, Inc.
1075 Route 112, Port Jeff Station, NY 11776
631-331-2675 | TheEnjoyLifeProject.org**



ICAN BE[®] EXTRAORDINARY[®]
FASHION SHOW TO BENEFIT
Special Olympics
New York

Model: Maria G.
Special Olympics Athlete

Saturday, Sept. 13
1 - 3 pm
Center Court
Smith Haven Mall
Lake Grove, NY



Welcome to the

**time
to play[®]**

foundation
It's Time to Enjoy Life

The Time to Play Foundation wants everyone to know they have the power to create a better life. Established July 2014, the Time to Play Foundation is a not for profit 501c3 corporation with the mission and purpose to enrich the lives of others through programs, public awareness outreach activities, events and learning opportunities that further the concept of enjoying life.

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www.TheEnjoyLifeProject.org

So much of what we do
in our lives and our
society is reactive.

How about if we flipped to
proactive and prevention?

That is the mission and purpose
of the Time to Play Foundation

Programs and Services

Enjoy Life Community® Project
For Community and Corporate

PREinvent YOUR Life®

BExtraordinary®

Empower Half Hour
Internet Radio Station

The Basement

Coaching and Seminars

PROGRAMS AND SERVICES

- **ENJOY LIFE COMMUNITY®:** A low cost social intervention that can improve the quality of life in any community. The Enjoy Life Community's® goal is to bring ALL community organizations, people and businesses together to focus on the needs of a community as a whole, to decrease social isolation by encouraging everyone to get involved, to bridge the communication in the community, and to motivate the community to work together to create a better life.
- **ENJOY LIFE COMMUNITY® CORPORATE:** Imagine an environment where employees, management and ownership LOVE going to work. Our program will increase workplace harmony, teamwork, wellness, moral, attendance, retention, productivity and PROFIT.
- **PREinvent YOUR Life®:** Proactive tips, tools and resources to enable people of all ages to develop skills to create a better life and avoid utilization of self-destructive behaviors.
- **BExtraordinarySM:** Encourages self esteem, self empowerment, self love, self worth and self-confidence. A unique set of programs and products specifically designed to change attitudes and inspire people to believe they CAN BExtraordinary®!
- **EMPOWER HALF HOUR INTERNET RADIO STATION: FREE!** Something for everyone! Call in and join the conversation on our live internet radio broadcasts. Members of the Foundation's team and special guests share and discuss good news stories, stories of hope, stories of success and stories of empowerment. We talk about proactive things each of us can easily do to make every day better and to motivate and empower each other. The complete schedule is posted on www.TheEnjoyLifeProject.org.
- **THE BASEMENT:** A judgment free environment for people 17 and over that enriches their lives through music, art and good vibes. "Here is a place where we can share stories, poetry, music, laughter and life. The Basement thrives off of the good energy that lives inside of it. Equal opportunity for all types of entertainers, performance and creativi-tea with a cozy and homey feel." –Jackie Guma, founder.
- **COMMUN-A-TEA CENTER: (Future)** Will be a safe, judgment free place where members of a community can come together to share talents, art, and music, decrease social isolation and learn what they need to enjoy life.

Everything we do is proactive and POSITIVE. We offer something for everyone!

For Detailed Program Information, Please Visit www.TheEnjoyLifeProject.org